



Breathworks Pulmonary Care Program

WHAT IS PULMONARY REHABILITATION?

Bridgeway's Breathworks program is designed to provide comprehensive care to individuals with pulmonary disease, including:

- COPD
- Pneumonia
- Emphysema
- Asthma
- Chronic Bronchitis
- Restrictive Lung Disease
- Pulmonary Fibrosis
- Tracheostomies

Once enrolled in the program, patients work with a team of pulmonary rehabilitation and respiratory care specialists who will tailor the program to meet your specific needs, and get you back to life's daily activities with fewer symptoms.




Bridgeway
Care & Rehabilitation Center

at Hillsborough

395 Amwell Road
Hillsborough, NJ 08844
908.281.4400

at Bridgewater

270 Route 28
Bridgewater, NJ 08807
908.722.7022


Bridgeway
Care & Rehabilitation Center

www.BSHcare.com

A CONTINUUM OF CARE...
A GENERATION OF CARING

WHO WOULD BENEFIT?

Patients with pulmonary diseases such as Chronic Obstructive Pulmonary Disease (COPD), asthma, chronic bronchitis, emphysema, pulmonary fibrosis and other conditions that effect breathing, who:

- Have shortness of breath that compromises their lifestyle
- Want to learn more about their disease and ways to manage the symptoms
- Want to learn ways to improve their breathing
- Want to attain the highest level of independent function



WHAT SERVICES DOES OUR BREATHWORKS PULMONARY CARE PROGRAM OFFER?

- Breathing retraining
- Lifestyle education
- Exercise training
- Panic and stress management
- Activities of daily living management

WHAT ARE THE BENEFITS OF BRIDGEWAY'S BREATHWORKS PROGRAM?

For many people, Bridgeway's program can help to:

- Control and alleviate symptoms
- Improve energy and the ability to perform daily activities
- Increase exercise tolerance
- Decrease anxiety and depression commonly associated with pulmonary disease
- Maximize lung function and manage secretions
- Improve lifestyle by losing weight and quitting smoking
- Increase your confidence in managing your breathing

ALL OF OUR SERVICES INCLUDE:

- Therapy available 7 days per week
- Coordinated "transition to home" program-incorporating pharmacy, medical equipment, education, and physician follow-up appointments
- Virtual rehabilitation
- Assistive equipment and technologies
- Advanced pain management, including pharmacological intervention



LEARN MORE ABOUT US

Visit www.BSHcare.com
to request additional information.

